

Discover better ways to manage everyday challenges and enjoy life.

Positive Behaviour Support and Therapy
Services for people with disability.



MOSAIC

Creating possibilities,
transforming lives.



Lots of things can get in the way of enjoying life.

Living with disability shouldn't be one of them.

At Mosaic, we've been supporting people with disability and their families since 1992, exploring possibilities, making dreams a reality and transforming lives.

Therapy and support for life

Our Positive Behaviour Support and Therapy Services teams play a key role in helping our clients enjoy greater independence and the life they want to live.

From learning how to regulate emotions and build relationships, to developing everyday skills, staying safe at home and active in the community, we work with clients, their families and support teams to provide individualised, life-changing strategies.

Our person-centred, evidence-based approach also ensures we respect every client's rights and wishes, protecting their wellbeing and dignity at all times.



Do you or someone you know want help to be **more independent**?
Build stronger relationships?
Get out more and **try new things?**



We help **adults of all ages**,
from school-leavers to seniors.

Therapy Services

Occupational therapy

Our Occupational Therapists provide practical advice and solutions that help people with disability build their skills, confidence and independence.

We support our clients in a range of ways, including:

- developing everyday home and self-care skills
- using equipment and technology in everyday life
- getting out and about in the community
- improving physical health and wellbeing
- adapting their home to their needs
- managing emotions and self-regulation
- managing life transitions and aging in place.

Speech pathology

Our experienced Pathologists help people:

- communicate more effectively
- develop social skills
- eat and drink safely
- read and write
- use visual aids or technology to replace or support speech.



“All outcomes and solutions are unique because they are **defined by and for each client.**”





Positive Behaviour Support (PBS)

Our Behaviour Support Practitioners provide support to help people with disability manage challenging behaviours – known as ‘behaviours of concern’ – that may jeopardise their health, dignity, relationships or independence, or the rights or wellbeing of others.

Managing behaviours of concern

Many types of behaviour can affect a person’s quality of life or ability to participate in the community, ranging from verbal and physical outbursts to self-harm. All are a form of communication.

Drawing on over a decade of PBS experience, our team works one-on-one to understand the individual and the root cause of their behaviour.

Individual, respectful strategies

Following a functional behaviour assessment, our Behaviour Support Practitioners develop individualised plans and personalised strategies to support each client in their everyday life and help them recover if an incident occurs.

All developed with the individual, their family and support team. Always respecting their rights and meeting the NDIS Quality and Safeguards Commission’s requirements.



Mosaic can make a huge difference to the way they live their lives. **Quality of life is so much better.**



“Sally and Matthew’s support network **worked collaboratively** with the Mosaic Behaviour Support Practitioner to understand Matthew’s behaviour, identify triggers, and create learning opportunities, so that Matthew was **able to better express and communicate his emotions and needs.**”

Talk to our friendly team.

Tap into our expertise.

For more information about how our Positive Behaviour Support and Therapy Services teams can help you, call us on **9314 8900** or email us at **hello@mosaic.org.au**

mosaic.org.au



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